DEFINITION: needs associated with genetic and congenital defects (problems) with specific forms of pathology and with medical measures.

A. **Basic Conditioning Factor Information Required**
   1. Diagnosis.
   2. Treatment:
      (a) Procedures.
      (c) Medications.
   3. Self-care requisites: activities of daily living which must be modified because of diagnosis.

B. **Health Deviation Self-Care Requisites Assessment:**
   All conditions, issues or problems are related to a limitation that the patient cannot do:

1. Seek/secure medical assistance with exposure/evidence of conditions associated with pathology:
   a. Knowledge of cause and effects of pathological state.
   b. Knowledge of signs and symptoms of pathological state.
   c. Willingness to seek and secure medical assistance.
   d. Ability and resources to seek and secure medical assistance.

2. Be aware/attend to effects of pathological state:
   a. Knowledge of effects and signs and symptoms.
   b. Effects, signs and symptoms of treatment procedures and medications.
   c. Ability to gain the above knowledge.
   d. Alertness, awareness. Ability to take action for untoward effects.

3. Carry out medically prescribed measures related to prevention/regulation/compensation for pathology:
   a. Knowledge of medically prescribed measures.
   b. Ability or willingness to learn.
   c. Motivation to carry out measures.
   d. Mental and physical abilities to carry out the measures.
4. Be aware/attend to/regulate discomforting/deleterious effects of prescribed measures:
   a. Knowledge of the effects and their signs and symptoms.
   b. Knowledge of means to control these effects.
   c. Ability to learn.
   d. Ability to be aware of and attend to the effects.
   e. Physical ability to carry out control measures.
   f. Willingness to be aware of and take care of the effects.

5. Modify self-concept in acceptance of particular state:
   b. Behavior as it relates to the particular state (verbal and nonverbal).
   c. Changes in body image, loss of control, identity, status and satisfaction of basic needs as they relate to health state.
   d. Meaning of above changes to individual.

6. Learn to live with effects of health state and/or prescribed measures so that the life-style promotes personal development:
   a. Knowledge of the health state and prescribed measures.
   b. Past history of self-care as it relates to the health state and prescribed measures.
   c. Ability to learn.
   d. Willingness to alter life-style.
   e. Resources and support system necessary to assist person to alter life-style.
   f. Meaning of changes in life-style to individual