

S B A R

S I T U A T I O N	<ul style="list-style-type: none"> • 56 tired student nurses between 20 and 50 years old. Their nursing diagnosis: Readiness for Enhanced Comfort • Their Primary Health care provider has been the Antelope Valley College, Associate Degree of Nursing Faculty – mainly dealing with our <i>Mental Health</i> • Consults include every possible specialist because - we have found out we have every disease process studied during the past 2 years, and if we couldn't find it in ourselves, we found it in our friends sitting next to us, our family, or even our pets, to help us memorize the signs and symptoms for upcoming tests. • Today's Needs: Completion and Reflection
B A C K G R O U N D	<ul style="list-style-type: none"> • History: For some of us, a life time of completing all the prerequisites prior to getting a number for entrance into the Associate Degree of Nursing program. Teas, Math for Nurses, Clinical Check-offs, Math tests, IV check offs, Math tests, IV Push check offs, Math tests well it has a been a difficult process stepping up to the pump – and yet some of us are The Queen of the Pump! <i>Please note recommendation #3 below</i> • Allergies: new found ones with Latex, hand sanitizer, tests and care plans. • Required Tests: I think I might have mentioned those – One large one still to come! • Code Status: Currently I think we all want comfort, warm soup, and love from those most important to us. • Fall Status: Low Risk. We made it. We may have used various types of assisting devices, but we found a way to show our competency today. Correction – those of us who mountain climb might still be @ risk!
A S S E S S M E N T	<ul style="list-style-type: none"> • Neuro: Amazingly, even though we may have forgotten what our spouses look like, or failed to notice our children have grown 4 inches taller, we are still able to shut our eyes and recall what slide 384 says in Neuro! • Pupils are Equal, round, and reactive to light – though a bit wet and red at the moment. • Cardio: The hearts of these students have been strong, have bled and raced to the point of admit to the Emergency Department. Our Respiratory is currently Sating at 100% on Room Air, though I think if there was an oxygen bar in town, we may have hung out there, hoping for a little extra perfusion to our brain tissues in times of complete hypoxia, as evidenced by completely blanking out on the first 5 questions of any exam. I am happy to report – collectively, we didn't need to go on Ventilator Support. <i>Please highlight recommendation #3 below.</i> • Diet: Coffee, candy, and copious amounts of French fries! • I's and O's: Excessive amounts of information have been input, with a positive amount of output, as evidenced by the outstanding care given to our patients on the Hospital floor. At times of a negative output, an increase in fluids (as mentioned under Diet- coffee), seems to have helped us through times of insidious narcoleptic episodes. • Skin: All intact. We turned every 2 hours, increased our nutrition, and found ways to tough it up a little. • Labs: We now know that if we have an AST of 96 and an ALP of 200, our ALB may have decreased along with some important electrolytes leading to an increase in HCT, changes in the EKG, or even a possible increase of ICP. By noting our MAP we feel we may affect CVP by increasing our fluids, and even adding salt to those French fries! We hope there will be no CPR by CAB and we stay WNL. <i>Please circle and place arrows by Recommendation #3 below</i>
R E C O M M E N D A T I O N	<p>#1, It is recommended, That our families who have put up with our needs while kindly ignoring theirs, accept our sincere love and appreciation, Our friends who have heard us cry uncontrollably at dinner, scream, try to empty a syringe with the cap still on, know we couldn't have made it without their strength and continuous support. We want the faculty and clinical instructors who started us on cheerios in a high chair, and now are pushing us out the door – know, we thank them, for leading us on this path and providing an outstanding role model for us to follow.</p> <p>#2, We hope the community in the Health Care System , sees what competent graduated nurses we have become, and ask us to work for them, as soon as we have successfully answered, 70% of 75 to 265 questions in under 6 hrs.</p> <p>And Lastly</p> <p>#3: <i>(all highlighted with stars and arrows!)</i></p> <p>A few days of relaxation, and rejoining with our families, before we move forward into a trusting professional career we are so honored, to be a part of.</p> 